

MONOGRAPH SERIES

DESCRIPTION

7: Vision Training Programs

This monograph contains a wide range of Vision Training forms for use with patients in your practice.

There is also a matching *Planning Form*, so that a program can be specified by the optometrist for each patient.

All of the forms are ready to print and where appropriate, space has been left so that the form can be printed onto your letterhead for personalisation.

AMBLYOPIA & SUPPRESSION:

The resources for Amblyopia include instructions for *Occlusion Therapy*, as well exercises to be completed while the patch is being worn.

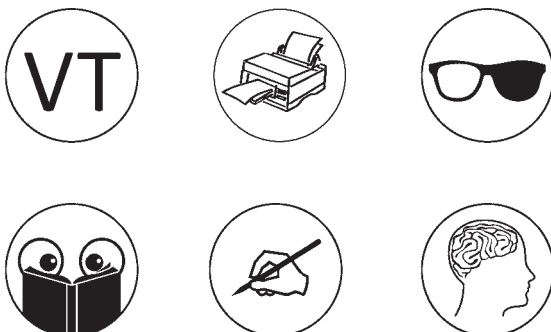
Other exercises are suitable for use with Cyan / Red anaglyph glasses, or with a single red filter over the “good” eye.

ACCOMMODATION & CONVERGENCE:

Convergence Insufficiency is one of the most common conditions that is successfully treated with Vision Training. Instructions are included for Convergence Push Ups and Jump Convergence.

VISUAL MOTOR SKILLS & VISUAL PERCEPTION:

These exercises are presented in 3 levels to suit different ages of children. They can be used for the specific areas, or as part of a program for amblyopia and other conditions.



MORE INFORMATION:

A complete listing of the Table of Contents for this monograph is available as the support file titled [Info_M_07_TOC.pdf](#).